

THRICS

CHECKLIST: RESPECTING BOUNDARIES AND CONSENT

T

TELL

MAKE SURE THE INTERVIEWEE KNOWS WHAT THE INTERVIEW IS ABOUT AND WHAT KINDS OF QUESTIONS YOU'LL ASK.

H

HEAR AND SAY

LISTEN CAREFULLY TO THE INTERVIEWEE'S WORDS AND BODY LANGUAGE—PAY ATTENTION IF THEY SEEM UNCOMFORTABLE OR HESITANT.

R

RESPECT

RESPECT THEIR RIGHT TO SAY NO TO ANY QUESTION OR TO STOP THE INTERVIEW AT ANY TIME WITHOUT PRESSURE.

I

INVITE

INVITE OPEN COMMUNICATION BY REMINDING THEM THEY CAN PAUSE OR SKIP QUESTIONS WHENEVER THEY WANT.

C

CHECK-IN

REGULARLY CHECK IN TO CONFIRM THEY'RE STILL COMFORTABLE AND WILLING TO CONTINUE.

S

STAY ETHICAL

REMEMBER THAT YOUR ROLE IS TO BUILD TRUST, LISTEN CAREFULLY, AND TREAT THE INTERVIEWEE WITH KINDNESS AND RESPECT THROUGHOUT.

